Hajj and Umrah Guide

UMRAH

1. IHRAM – Before reaching Meeqat

2. TAWAIF (Circling the Ka’bah 7 times)

3. Sa’ee (Completion of 7 rounds Safa & Marwah)

4. Shaving Head/Trimming

Before Ihram:

- Make intention for the Tawaf.

During Ihram:

- The Prophet (sallallahu alayhi wa sallam) has said:

- Once Tawaf is complete, cover your right shoulder and offer 2 rakats anywhere behind the Station of Ibraheem – or anywhere in the Haram; Recite Surat Al-Kahf in 1st Rakat and Surat Al-Ikhlas in the 2nd Rakat.

- Drink Zamzam water – Make Dua

Footnotes

1. If possible, cling to area between the corner of Al-Hajur Aswad (The Black Stone) and the door.

2. If possible, touch The Black Stone with the right hand and also kiss it if not, simply make a sign towards it with the right hand.

3. There is no specific Dua’s during the walk around the Ka’bah, apart from what has been mentioned for between the Yemeni Corner to The Black Stone. You can therefore recite the Quran or any Dua as you please.

4. If possible, touch Al-Ruknul-Yamani (Yemeni Corner) each time – this is best; if not, then do not make any sign towards it.

Types Of Hajj

- TAMATTHE: Making Umrah then Hajj in the prescribed months of Hajj. It is considered the best of the three forms of Hajj that the Prophet Muhammad (Pbuh) urged his followers to perform.

- QIRAAN: Making Umrah and Hajj at the same time.

- IFRAAD: Making Hajj only, without Umrah.

*If you select Tamatthe or Qiraan you must perform the Ushhiya (Sacrifice), (Qurban in Urdu).

Don’t forget to:

- Pay all debts
- Redress all wrongs
- Write your will

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Upon arrival in Makkah
- Make Tawaf

8th Dhul-Hijjah
- Wearing The Ihram
Stay In Mina

9th Dhul-Hijjah
- Stay In Arafah
Stay In Muzdalifah

10th Dhul-Hijjah
- Stoning The Pillars
Performing The Udhiya (Sacrifice)
Shave Head
Tawafu`ul-Ifaadhah

11th, 12th, (13th Dhul-Hijjah *)
- Stay In Mina For Stoning

Upon departure from Makkah
- Tawafu`ul-Wadaa

8th day of Dhul-Hijjah (Yawmu’Tarwiyah)
Enter state of Ihram.

Stay in Arafah

Pray Dhur & Asr at Arafah.

Perform WUQUF (stand and pray), make dua (supplications) and seek forgiveness until sunset.

After sunset go to Muzdalifah.

Stay in Muzdalifah

Pray Maghrib & Isha together at Muzdalifah.

In Muzdalifah or Mina, collect 70 pebbles forstoning.10

Spend the night in ibadah (worship) or go to sleep until Fajr.

10th day of Dhul-Hijjah (Yawmun-Nahir)

Pray Fajr in Muzdalifah.

Leave for Mina after Fajr.

Between the time periods of after sunrise until the night, calmly proceed to Jamariq ul-Aqabah al-Kubraa (forstoning, Facing Jamariq, with Makkah to your left and Mina to your right, throw seven stones at Jamariq reciting-

Allah Akbar

Allah is the Greatest (after each throw).

Performing the Udhiya (Sacrifice).

If a sacrificial ticket has been purchased, this is a permissible alternative, otherwise, calmly proceed to slaughter house in Mina for sacrifice.

Shave/Trim Hair

Women: cut one-third finger length of hair.

If Tawaf ifaadhah was not performed yesterday, go to Makkah and perform Tawafu`ul-Ifaadhah.

Tawafu`ul-Ifaadhah

Go to Makkah and perform Tawafu`ul-Ifaadhah. Can be performed anytime up to sunset of 12th Dhul-Hijjah. Upon entering al-Masjid ul-Haram with the right foot, recite Dua entering Masjid. (See Umrah section on first page). No Ihram required. Start at al-Hajurtul-Awsat (Black Stone)5

Once Tawaf is complete, offer 2 rakaats anywhere behind the Station of Ibrahim – or anywhere in the Haram: Recite Surat al-Kafirun in 1st raka’a and Surat al-Ikhlas in the 2nd raka’a.

Drink Zamzam water – Make Du’aa

If you didn’t leave Mina, beginning after Fajr, stone all 3 Jamarat with 7 pebbles for Qa‘ebat (after mid-day) until the night, stone all 3 Jamariqs with 7 pebbles for each one. Leave Mina for Makkah before Sunset if possible. If you can’t leave - Stay at Mina.

13th Dhul-Hijjah

If you didn’t leave Mina, beginning after Fajr, stone all 3 Jamariqs with 7 pebbles for each Jamariq.

Leave for Makkah.

Before final departure from Makkah, perform Tawafu’ul-Wadaa ‘(Farewell Tawaf) as your last act.

Footnotes
5 From wherever you are residing - hotel, house, etc.
6 Pray two Fard each for Zuhur, Asr and Isha. Maghrib is not shortened, and remains three Fard. ‘Isha is to be followed by ‘Itr. A place close to ‘Arafah - there is now a Masjid there. If this is not possible, it is permissible to proceed to ‘Arafah.
7 Tawafu’ul-Ifaadhah (Tawaf ul Ziyarat in Urdu) can be performed on the 10th Women should allow extra days for Tawaf in Makkah in case of menstruation.
8 For an English translation, see page 1.
9 They are all the same in size. You can also pick the pebbles in Mina. You will need only 7 pebbles on the 10th, and 42 afterwards (49 total). You will need 21 extra pebbles if you are staying for the 13th of Dhul-Hijjah (70 total). They must not be bigger than a chickpea. (Approximately 1cm across = 0.39 inches).
10 It is permissible to perform Tawafu’ul-Wadaa on 12th day of Dhul-Hijjah (as long as you leave Mina before sunset), thus missing the recommended (but compulsory) day of stoning.

Traveling by metro train during Hajj

Hajj pilgrims traveling by the metro will board and depart from Arafat, Muzdalifah, Mina and Jamarat at three tent-shaped stations for each area based on the colored bracelet given to Hajis. (Colored bracelets will be given to pilgrims who purchase them before Hajj)

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<tr>
<th>Station 1 Blue</th>
<th>Station 2 Yellow</th>
<th>Station 3 Green</th>
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<td>Mina 1</td>
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<tr>
<td>Arafat 1</td>
<td>Muzdalifah 2</td>
<td>Muzdalifah 3</td>
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Hajj Mabrur (An Accepted Hajj).
May Allah (SWT) accept your Hajj.

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